

PIRA TRITASAVIT

KINGDOM PROFESSIONALS COACHING

**KINGDOM PROFESSIONALS: COACHING
CHRISTIANS FOR WORKPLACE WITNESS**

22 SLAVES, OBEY YOUR EARTHLY MASTERS IN EVERYTHING; AND DO IT, NOT ONLY WHEN THEIR EYE IS ON YOU AND TO CURRY THEIR FAVOR, BUT WITH SINCERITY OF HEART AND REVERENCE FOR THE LORD.

23 WHATEVER YOU DO, WORK AT IT WITH ALL YOUR HEART, AS WORKING FOR THE LORD, NOT FOR HUMAN MASTERS,

24 SINCE YOU KNOW THAT YOU WILL RECEIVE AN INHERITANCE FROM THE LORD AS A REWARD. IT IS THE LORD CHRIST YOU ARE SERVING.

COLOSSIANS 3:22-24 (NIV)

1. THE HEART OF COACHING
2. COACHING BASICS
3. WORKPLACE DYNAMICS
4. LIVE COACHING DEMO
5. BREAKOUT SESSION

OVERVIEW

WHAT IS COACHING?

“...PARTNERING WITH CLIENTS IN A THOUGHT-PROVOKING AND CREATIVE PROCESS THAT INSPIRES THEM TO MAXIMIZE THEIR PERSONAL AND PROFESSIONAL POTENTIAL...”

SOURCE: INTERNATIONAL COACH FEDERATION

1. THE HEART OF COACHING

WHAT IS COACHING?

“TO HELP OTHERS WANT WHAT THEY WANT MOST,

AND TO HELP OTHERS ACCOMPLISH WHAT THEY WANT MOST.”

1. THE HEART OF COACHING

HOW IS COACHING DISTINCT FROM:

- * COUNSELING?
- * CONSULTING?
- * PREACHING?
- * TEACHING?
- * MENTORING?

2. COACHING BASICS

WHO SETS THE GOAL?

WHO DOES THE HEAVY LIFTING?

2. COACHING BASICS

THE FOUR A'S OF COACHING

I. ASSUME HEALTH

II. ASK POWERFUL QUESTIONS

III. LISTEN ATTENTIVELY

IV. FOCUS ON FORWARD ACTION

2. COACHING BASICS

I. ASSUME HEALTH

* CONFLICT IS NORMAL

* DIFFERENT IS NORMAL

3. WORKPLACE DYNAMICS

II. ASK POWERFUL QUESTIONS

- * INTERVIEW EACH OTHER (OPEN)
- * DO NOT INTERROGATE (CLOSED)

3. WORKPLACE DYNAMICS

EXAMPLES OF OPEN QUESTIONS:

- WHAT DO YOU ENJOY MOST ABOUT...?
 - WHAT FACTORS ARE INFLUENCING OUR DECISIONS?
 - HOW CAN WE CREATE A WIN-WIN SOLUTION?
 - WHAT DO YOU THINK ABOUT...?
 - WHAT ARE OUR PRIORITIES RIGHT NOW?
-

3. WORKPLACE DYNAMICS

III. LISTEN ATTENTIVELY

- * WITH EARS & EYES
- * BODY LANGUAGE
- * REPEAT BACK (ECHO)

3. WORKPLACE DYNAMICS

IV. FOCUS ON FORWARD ACTION

- * COMMON DESIRES
- * CHALLENGING GOALS
- * CLEARLY-DEFINED ROLES

3. WORKPLACE DYNAMICS

A. WHAT DID YOU OBSERVE ABOUT THE COACH? THE PERSON BEING COACHED?

B. WHAT DID YOU OBSERVE ABOUT THE COACHING PROCESS?

4. LIVE COACHING DEMO

A. PAIR UP AND COACH EACH OTHER.

I. FIRST PERSON GOES FOR 3-5 MINUTES.

II. SWITCH ROLES FOR 3-5 MINUTES.

B. IMPLEMENT THE 4 A'S

C. REFLECTION: WHAT WAS DO-ABLE? WHAT WAS DIFFICULT?

5. BREAKOUT SESSION

12 LIVE SUCH GOOD LIVES AMONG THE PAGANS THAT, THOUGH THEY ACCUSE YOU OF DOING WRONG, THEY MAY SEE YOUR GOOD DEEDS AND GLORIFY GOD ON THE DAY HE VISITS US.

1 PETER 2:12 (NIV)

TAKE ACTION

GET COACHED

GET TRAINED

STAY CONNECTED

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